

Freeport Recreation Center



130 East Merrick Rd.
Freeport, NY 11520
(516) 377-2314 Fax (516) 377-2318
www.freeportny.gov



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Facebook

Summer Registration for Camps & Programs

Freeport Residents:

Saturday, April 18, 2026 7:00am-11:00am

Non-Residents:

Sunday, April 19, 2026 7:00am-11:00am



Summer Registration for Swim Programs

Freeport Residents:

Saturday, May 16, 2026 7:00am-11:00am

Non-Residents:

Sunday, May 17, 2026 7:00am-11:00am



***Incorporated Village of Freeport
46 N. Ocean Ave.
Freeport, NY 11520***



Robert T. Kennedy, Mayor

***Elizabeth Comerford
Superintendent of
Recreation***



ALL PATRONS MUST HOLD A CURRENT ACTIVITY CARD
THERE ARE NO REFUNDS, CREDITS OR PRO-RATES
PROGRAMS AND FEES ARE SUBJECT TO CHANGE

CHILDRENS PROGRAMS

*UNLESS NOTED, ALL CHILDREN'S PROGRAMS ARE 8 WEEK SESSIONS

**ALL PROGRAMS ARE DROP OFF PROGRAMS.

PARENTS ARE NOT ALLOWED TO BE IN THE CLASSROOMS DURING
CLASS TIME.

KIDS YOGA

Ages: 5 to 9 years old

Yoga for kids encourages healthy self-esteem, body awareness, and cooperation in a non-competitive space. Yoga will enhance your child's flexibility, strength and coordination. There will be a focus on breathing and relaxation techniques, as well as time for art therapy!

Thursdays: 4:00-5:00pm

FEE: Resident \$60 Non-Resident \$75

DATES: April 23, 30 May 7, 14, 21, 28 June 4, 11

BROADWAY & YOU

**CLASSES WILL BE HELD AT 195 WOODCLEFT AVE
AT SPARKLE ON STAGE**

Grades: 2nd through 5th Grade

This class will be a staged reading program of "Almost Hamilton", to celebrate the Semiquincentennial of the United States. Kids will learn how to read a script and work on skills to help build confidence & self-esteem on stage.

Wednesdays: 5:00-7:00pm

FEE: Resident \$130 Non-Resident \$160

DATES: April 22, 29 May 6, 13, 20, 27 June 3, 10, 17, 24

Performance will be held on Saturday, June 27th

10 weeks of class plus one performance date

TUMBLING

Ages: 3 to 10 years old

This class features a weekly introduction of new skills consisting of forward and backward rolls, handstands, cartwheels, gymnastic positions, etc. This class will help to promote a positive self-image.

TUMBLING TOTS (Ages 3-5 years old)

Sundays: 9:00-9:45am or 11:15am-12:00pm

TUMBLING KIDS (Ages 6-10 years old)

Sundays: 10:00-11:00am or 12:00-1:00pm

FEE: Resident \$60 Non-Resident \$75

DATES: April 26 May 3, 17, 31 June 7, 14, 21, 28

DOUBLE DUTCH

Grades: 1st Grade & up + 1 Adult

This class requires 1 adult & 1 child. Join us for a fun filled hour of activity, laughter, and learning! Double Dutch will teach basics with simple and engaging routines. All skill levels are welcome.

Saturdays: 12:00-1:00pm

FEE: Resident \$60 Non-Resident \$75

DATES: April 25 May 2, 9, 16, 30 June 6, 13, 20

KEEPFIT FITNESS FOR FAMILIES

Ages: 6 to 10 years old + 1 adult
*(*New this Spring*)*

This Parent & Me fitness class is designed for school-age children and their parents to participate in structured physical activity together. The program will focus on building strength, coordination, and healthy movement habits while strengthening the parent-child connection.

Saturdays: 10:00-10:45am

FEE: Resident \$60 Non-Resident \$75

DATES: April 25 May 2, 9, 16, 30 June 6, 13, 20

WRESTLING

Grades: 1st through 6th Grade

Learn the basics of wrestling in a safe & fun environment. Class is led by experienced Freeport Wrestling Coaches & Alumni!

Thursdays: 6:00-7:00pm

FEE: Resident \$60 Non-Resident \$75

DATES: April 23, 30 May 7, 14, 21, 28 June 4, 11

SWIM TEAM

All swimmers age 5-16 years welcome!

*(**must be able to swim 25 yards independently**)*

Fees: Resident: \$220 Non-Resident: \$270

Practice Begins on June 8th

Practice Times: Monday-Thursday

-10 & under: 5:00pm-6:00pm

-11 years +: 6:00pm-7:00pm

Practice times are subject to change after time trials

ADULT PROGRAMS ages 16 & up

10-week sessions

AQUACISE

Aquacise is minimal strain exercise in the water.

Mondays, Wednesdays or Fridays w/ Carole
Tuesdays or Thursdays w/ Matt

9:30-10:15am

Mondays: June 1, 8, 15, 22, 29 July 6, 13, 20, 27 Aug. 3

Tuesdays: June 2, 9, 16, 23, 30 July 7, 14, 21, 28 Aug. 4

Wednesdays: June 3, 10, 17, 24 July 1, 8, 15, 22, 29 Aug. 5

Thursdays: June 4, 11, 18, 25 July 2, 9, 16, 23, 30 Aug. 6

Fridays: June 5, 12, 19, 26 July 3, 10, 17, 24, 31 Aug. 7

Fee: Resident \$65 Non-Resident \$80

CHAIR YOGA

Chair yoga is for anyone who may have difficulty in the average yoga class. Learn fundamental yoga poses while seated in a chair, or using a chair as a prop for those who are able to stand.

Thursdays: 10:00-11:00am

FEE: Resident \$65 Non-Resident \$80

Registration will begin on April 2nd

DATES: April 16, 23, 30 May 7, 14, 21, 28 June 4, 11, 18

ADULT HIP HOP

Our adult hip-hop class offers a high energy environment where participants can unleash their creativity and groove to the latest beats, all while improving their rhythm, strength & confidence!

Tuesdays: 6:00-7:00pm

FEE: Resident \$65 Non-Resident \$80

DATES: April 21, 28 May 5, 12, 19, 26 June 2, 9, 16, 23

INTRO-FITNESS

Every fitness journey begins with an intro. Come join this beginner friendly full-body aerobics class. Get your body moving with our fun throw-back 90s vibe!

Thursdays: 7:00-8:00pm

FEE: Resident \$65 Non-Resident \$80

DATES: April 23, 30 May 7, 14, 21, 28 June 4, 11, 18, 25

YOGA

A dynamic series of postures which will increase your flexibility, strength and stamina for overall body awareness.

Wednesdays: 6:00-7:00pm

FEE: Resident \$65 Non-Resident \$80

DATES: April 22, 29 May 6, 13, 20, 27 June 3, 10, 17, 24

ZUMBA

Zumba Fitness fuses international rhythms with easy to follow dance moves creating a dynamic, exciting and FUN workout!

Mondays: 7:00-8:00pm

FEE: Resident \$65 Non-Resident \$80

DATES: April 20, 27 May 4, 11, 18 June 1, 8, 15, 22, 29

SUMMER CAMP

Enrollment is limited and space will be reserved on a first come first serve basis. A copy of your child's immunization record and doctor's note is required, and **MUST** be given to the Freeport Recreation Center before the first day of the program.

Please note: Much of the camp day is spent outdoors.

Payment in full is required at the time of registration.

**Fees listed are per 2 week sessions
ABSOLUTELY NO REFUNDS OR CREDITS WILL BE
ISSUED**

All grades listed are as of September 2026

HALF DAY PROGRAM

KIDDIE PROGRAM

AGE 3 by the 1st of December through Kindergarten

9:00am-12:00noon

Session 1: June 29th-July 10th (*No Camp on July 3rd)

Session 2: July 13th-July 24th

Session 3: July 27th-August 7th

Session 4: August 10th-August 21st

Fees (PER SESSION): Resident: \$240 Non-Resident: \$265

Children in the Kiddie Program **MUST be toilet trained.**

Kiddie Program includes swimming, sports, arts & crafts, playground time, and loads of fun!

FULL DAY PROGRAM

JUNIOR PROGRAM

GRADES 1st through 5th

9:00am-4:00pm

Lunch is not provided for Full Day Programs.

You **MUST** pack a lunch.

***All grades listed are as of September 2026**

Children entering 6th grade in September 2026 have aged out of the program

Session 1: June 29th-July 10th (*No Camp on July 3rd)

Session 2: July 13th-July 24th

Session 3: July 27th-August 7th

Session 4: August 10th-August 21st

****A CHILD'S CURRENT REPORT CARD MUST BE BROUGHT AT TIME OF REGISTRATION TO ENSURE PROPER GROUP PLACEMENT!****

Fees (PER SESSION): Resident: \$425 Non-Resident: \$450

Junior Program includes swimming, sports, arts & crafts, playground time, ice skating, special events and so much more! Don't miss out on all the fun!

****There is no offering of early or after care.**

Camp hours are strictly 9:00am-4:00pm**



SWIM LESSONS

10 class sessions

FEE: Resident \$125 Non-Resident \$165

****Only 1 parent per child is allowed on pool deck during class time****



Level A — Parent & Child Aquatics (6 months—3 years)

Parent must accompany child in water.

Skills include water adjustment front & back floating, breath control & water exit.

Pre-School- 1 (3-5 years) *Formerly Pre-School B* - Introduction to basic water skills, breath control, floating, develop a level of comfort & independence in the water.

Pre-School- 2 (3-5 years) *Must have taken Pre-School B previously @ the Freeport Rec*— Must be comfortable going under water independently & floating on front & back with minimal assistance. Build on skills in Pre-School 1 to gain more independence in the water. ***MUST BE 3 BY THE START OF THE SESSION FOR PRE-SCHOOL 1 & 2***

Levels 1-5: Ages 6 & Up

Level 1 - Introduction to Water Skills

Learn to feel comfortable in the water. Skills include breath control, submerging mouth, nose & eyes, floating, treading water, swimming with arm & leg action on front & back.

Level 2 - Fundamental Aquatic Skills

Become more independent in the water. Skills include breath control, submerging entire head, buoyancy on front and back, swimming and changing direction, and swimming 15 feet using arms and legs.

Level 3 - Stroke Development

Skills include breath control for proper technique while developing strokes, underwater swimming, buoyancy on front & back, front & back crawl, elementary backstroke, treading water, introduction to breaststroke & butterfly.

Level 4 –Stroke Improvement

Should be able to swim 25 yds of freestyle & backstroke independently. Skills include continued practice of freestyle with proper rotary breathing, backstroke, breaststroke, butterfly & treading water. **Must be able to swim in deep water.**

Level 5– Stroke Refinement

Continued practice in stroke coordination & endurance in the freestyle, backstroke, breaststroke, butterfly & treading water. **Must be able to swim in deep water.**

Adult Swim Lessons

Beginner: Introduction to basic swimming techniques. Learn basic water skills including breath control, floating, kicking, treading, and begin to learn the front and back crawl strokes.

Intermediate: Learn additional skills and improve stroke technique after mastering the basics. Skills include front crawl w/ rotary breathing, backstroke, elementary breaststroke, treading water & building stamina.

Advanced: Must be able to swim 50 yards (2 consecutive laps) of each: freestyle with rotary breathing, backstroke, and elementary backstroke. Continue to refine all of your strokes, build endurance & swim more efficiently over greater distances. **Must be able to swim in deep water.**

FEE: Resident: \$150 Non-Resident \$190

SCHEDULE OF SWIM LESSONS

****Only 1 parent per child is allowed on pool deck during class time****

CLASS TIMES LISTED BELOW ARE START TIMES. CLASSES ARE 30 MINUTES

Level A-Parent & Child:

Tuesday & Thursday class meets twice a week for 5 weeks

Saturday class meets once a week

Tuesday & Thursday

Saturdays

10:00am

8am, 8:45am, 9:30am or 10:15am

Dates for Level A (Parent & Child)

Tuesdays & Thursdays: July 7, 9, 14, 16, 21, 23, 28, 30 August 4, 6

Saturdays: May 30 June 6, 13, 20, 27 July 11, 18, 25 August 1, 8

Levels Pre-School 1-Level 5

	<u>Mon-Fri</u>	<u>Saturdays</u>
<u>Pre-School 1:</u>	8:30am	8am or 9:30am
<u>Pre-School 2:</u>	9:15am	8:45am or 11am
<u>Level 1:</u>	4:30pm or 5:15pm	8am, 8:45am, 10:15am or 11am
<u>Level 2:</u>	4:30pm or 6:00pm	8am, 8:45am, 9:30am or 10:15am
<u>Level 3:</u>	5:15pm or 6:00pm	9:30am, 10:15am or 11am
<u>Level 4:</u>	5:15pm	8am or 10:15am
<u>Level 5:</u>	6:00pm	8:45am or 9:30am

DATES FOR LEVELS PRE-SCHOOL 1-Level 5

Sessions 1 & 2 are two weeks, meeting Mon-Fri for 10 consecutive classes

Saturday classes meet once a week

Session 1: M-F July 6, 7, 8, 9, 10, 13, 14, 15, 16, 17

Session 2: M-F: July 20, 22, 23, 24, 27, 28, 29, 30, 31

Saturdays: May 30 June 6, 13, 20, 27 July 11, 18, 25 August 1, 8

*Adult Beginner Swim: Mondays or Wednesdays 6:45PM-7:45PM

*Adult Intermediate Swim: Tuesdays or Thursdays 6:45PM-7:45PM

*Adult Advanced Swim: Wednesdays 6:45PM-7:45PM (***New this Summer***)

Dates for Adult Swim Lessons

Mondays: June 1, 8, 15, 22, 29 July 6, 13, 20, 27 August 3

Tuesdays: June 2, 9, 16, 23, 30 July 7, 14, 21, 28 August 4

Wednesdays: June 3, 10, 17, 24 July 1, 8, 15, 22, 29 August 5

Thursdays: June 4, 11, 18, 25 July 2, 9, 16, 23, 30 August 6

Private Swim Lessons & American Red Cross Certification Classes

Please call 917-224-1513, visit www.aquaticsolutions-cpr.com OR
email help@aquaticsolutions-cpr.com for more information.

KIDDIE CLUB

Pre-school program begins September 2026



Kiddie Club is for children ages 3-4 years old (must be 3 by Dec. 1, 2026)

Kiddie Club, our pre-school program, is offered in a classroom setting. Daily activities include music, games, story time, arts & crafts, movement, and exploration. This program is further enhanced by the amenities offered in our Recreation Center. Our Ice Rink, Gymnasium and Outdoor Playground are included in the program's curriculum.

Children in Kiddie Club **MUST be toilet trained.**

Based on availability, parents may choose a morning OR afternoon session.

AM session: 9:00am-11:30am

PM session: 1:00pm-3:30pm

5 days a week monthly fee Resident \$195 and Non-Resident \$215

*Kiddie Club is a September-June commitment, broken down into 10 monthly payments.

****Payment for the month of September is collected at time of registration.****

****Payments are due on the first of every month. A \$20 late fee will be charged if payment is not received by the 15th of each month.***

SAVE THE DATE

Freeport Nautical Festival

Saturday, June 6, 2026 10:00am-6:00pm

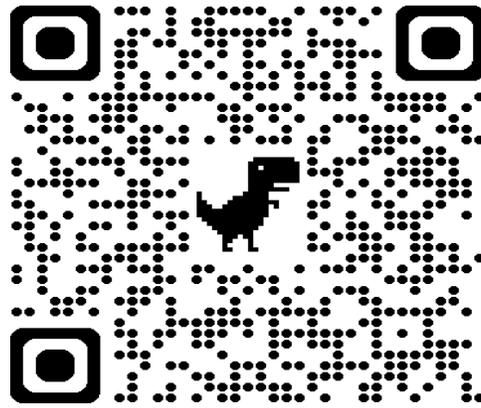
Fall Registration

Resident: Saturday, September 19, 2026 7:00am-11:00am

Non-Resident: Sunday, September 20, 2026 7:00am-11:00am

Puppy Pool Party

Saturday, September 12, 2026



Please scan QR code to create your Rec Center profile online!



Hours of Operation

Monday-Friday 6:15am-9pm*
 Saturday & Sunday 7:00am-6:00pm*

Saturday & Sunday: Swimming pool opens at 10am.
 (**ALL activities end 1/2 hr before closing)

Plans and Activity Cards may be purchased Monday-Friday 9am-7pm
 Saturday & Sunday 10am-4pm

Village Holidays

CLOSED ALL DAY

Labor Day M L K Jr. Day
 Columbus Day President's Day
 Thanksgiving Easter Sunday
 Day after Thanksgiving
 Christmas Day Memorial Day
 New Year's Day Fourth of July

EARLY CLOSING (5PM)

Veteran's Day
 Thanksgiving Eve
Christmas Eve & New Year's Eve-3pm closing
December 26 -10am-6pm
 Good Friday
Mother's and Father's Day - 2pm closing

Plans

	RESIDENT	NON-RESIDENT
INDIVIDUAL		
12 Month	\$230	\$320
6 Month	\$140	\$200
Summer	\$120	\$165
SENIOR (60)		
12 Month	\$180	\$245
6 Month	\$110	\$150
Summer	\$95	\$125
CHILD		
12 Month	\$205	\$280
6 Month	\$125	\$170
Summer	\$105	\$145
COUPLE		
12 Month	\$410	\$510
6 Month	\$250	\$310
Summer	\$210	\$260
FAMILY		
12 Month	\$475	\$660
6 Month	\$290	\$400
Summer	\$245	\$335

Daily Admission

RESIDENT		NON-RESIDENT	
ADULT	\$6	ADULT	\$10
CHILD OR SENIOR	\$4	CHILD OR SENIOR	\$8
ONE DAY PASS WITHOUT CARD	\$12 (M-F) \$15 (Sat & Sun)	ONE DAY PASS WITHOUT CARD	\$12 (M-F) \$15 (Sat & Sun)

SUMMER MEMBERSHIPS ARE AVAILABLE FROM MEMORIAL DAY THROUGH LABOR DAY.

ACTIVITY CARDS:

RESIDENTS \$5.00 AGES 3 & UP—PROOF OF RESIDENCY REQUIRED ANNUALLY; PICTURE ID AND UTILITY BILL. CHILDREN MUST HAVE FREEPORT REPORT CARD OR INVOICE/STATEMENT FROM SCHOOL. MANAGEMENT MAY ACCEPT OTHER OFFICIAL SUBSTITUTES.

NON-RESIDENTS \$10.00 AGES 3 & UP

- SENIOR: 60 & OVER
- FAMILY PLAN: SPOUSES AND CHILDREN 21 YEARS OLD & YOUNGER, UNMARRIED, LIVING AT THE SAME RESIDENCE
- COUPLE: TWO ADULTS LIVING IN THE SAME RESIDENCE.
- CREDIT /DEBIT CARD TRANSACTIONS WILL BE CHARGED A FEE (2.75%) BY THE PROCESSING BANK.