

# Freeport Recreation Center



130 East Merrick Rd.  
Freeport, NY 11520  
(516) 377-2314 Fax (516) 377-2318  
www.freeportny.gov



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## Summer Registration for Camps & Programs

### Freeport Residents:

Saturday, April 5, 2025 8:00am-11:00am

### Non-Residents:

Sunday, April 6, 2025 8:00am-11:00am



Please visit [freeportny.recdesk.com](http://freeportny.recdesk.com) to set up your families profile online prior to coming in person to register for our Spring/Summer Programs.

**Pre-Registration Required.**

**Spot is not guaranteed.**

**QR code is available on page 11 to link directly to the website.**

## Summer Registration for Swim Programs

### Freeport Residents:

Saturday, May 17, 2025 8:00am-11:00am

### Non-Residents:

Sunday, May 18, 2025 8:00am-11:00am



***Incorporated Village of Freeport  
46 N. Ocean Ave.  
Freeport, NY 11520***



***Robert T. Kennedy, Mayor***

***Elizabeth Comerford  
Manager, Recreation Center***



# JOIN US FOR ALL THE SUMMER FUN



Fun in the Sun



ALL PATRONS MUST HOLD A CURRENT ACTIVITY CARD  
THERE ARE NO REFUNDS, CREDITS OR PRO-RATES  
PROGRAMS AND FEES ARE SUBJECT TO CHANGE

## CHILDRENS PROGRAMS

\*UNLESS NOTED, ALL CHILDREN'S PROGRAMS ARE 8 WEEK SESSIONS

\*\*ALL PROGRAMS ARE DROP OFF PROGRAMS. PARENTS ARE NOT ALLOWED TO BE IN THE CLASSROOMS DURING CLASS TIME.

### KIDS YOGA

Ages: 5 to 9 years old

Yoga for kids encourages healthy self-esteem, body awareness, and cooperation with others in a non-competitive space. Yoga will enhance your child's flexibility, strength, and coordination. There will be a focus on breathing and relaxation techniques as well as time for art therapy!

**Thursdays:** 4:00-5:00pm

**FEE:** Resident \$60 Non-Resident \$75

**DATES:** April 24 May 1, 8, 15, 22, 29 June 5, 12

### BROADWAY & YOU

**\*\*CLASSES WILL BE HELD AT 195 WOODCLEFT AVE. AT SPARKLE ON STAGE\*\***

This class will be a staged reading program, where kids learn how to read a script. They will work on skills to help build confidence & self-esteem on a stage. For our younger grades, it will be an improv & basic skills of acting program, where they will learn basic stage direction & have a great time using their imagination.

**Grades K-1st: Wednesdays:** 5:00-6:00pm

**Grades 2nd-5th: Wednesdays:** 6:00-7:00pm

**FEE:** Resident \$60 Non-Resident \$75

**DATES:** April 23, 30 May 7, 14, 21, 28 June 4, 11

### TUMBLING

Ages: 3 to 10 years old

This class features a weekly introduction of new skills consisting of forward and backward rolls, handstands, cartwheels, gymnastic positions, etc. This class will help to promote a positive self image.

**TUMBLING TOTS (Ages 3 yrs—5 yrs)**

**Sundays: 9:00-9:45am or 11:15am-12:00pm**

**TUMBLING KIDS (Ages 6 yrs—10 yrs)**

**Sundays: 10:00-11:00am or 12:00-1:00pm**

**FEE:** Resident \$60 Non-Resident \$75

**DATES:** April 13, 27 May 18 June 1, 8, 15, 22, 29



# ADULT PROGRAMS ages 16 & up

## AQUACISE

Aquacise is minimal strain exercise in the water.

**Mondays, Wednesdays OR Fridays:** 9:30-10:15am (With Carole)

**MONDAY DATES:** June 9, 16, 23, 30 July 7, 14, 21, 28 August 4, 11

**WEDNESDAY DATES:** June 11, 18, 25 July 2, 9, 16, 23, 30 August 6, 13

**FRIDAY DATES:** June 13, 20, 27 July 11, 18, 25 August 1, 8, 15, 22

**FEE:** Resident \$65      Non-Resident \$80

## CHAIR YOGA

Chair yoga is for anyone who may have difficulty in the average yoga class. Learn fundamental yoga poses while seated in a chair, or using a chair as a prop for those who are able to stand.

**Thursdays:** 10:00-11:00am

**FEE:** Resident \$65      Non-Resident \$80

**DATES:** April 17, 24 May 1, 8, 15, 22, 29  
June 5, 12, 19

## URBAN GROOVE

### COLLECTIVE

### (ADULT HIP HOP)

Our adult hip hop class offers a high energy environment where participants can unleash their creativity & groove to the latest beats, all while improving their rhythm, strength & confidence.

**Tuesdays:** 7:00-8:30pm

**FEE:** Resident \$95      Non-Resident \$120

**DATES:** May 6, 13, 20, 27 June 3, 10, 17, 24  
July 1, 8

## YOGA

A dynamic series of postures which will increase your flexibility, strength, and stamina for over all body awareness.

**Wednesdays:** 6:00-7:00pm

**FEE:** Resident \$65      Non-Resident \$80

**DATES:** May 7, 14, 21, 28 June 4, 11, 18, 25  
July 2, 9

## ZUMBA

Zumba Fitness fuses international rhythms with easy to follow dance moves creating a dynamic, exciting, and FUN workout!

**Mondays:** 7:00-8:00pm

**FEE:** Resident \$65      Non-Resident \$80

**DATES:** April 21, 28 May 5, 12, 19  
June 2, 9, 16, 23, 30

# SUMMER CAMP

Enrollment is limited and space will be reserved on a first come first serve basis. A copy of your child's immunization record and doctor's note is required, and **MUST** be given to the Freeport Recreation Center before the first day of the program.

**Please note:** Much of the camp day is spent outdoors.

**Payment in full is required at the time of registration.**

**Fees listed are per 2 week sessions**

**\*\*Please note the 4th session is only 1 week\*\***

**ABSOLUTELY NO REFUNDS OR CREDITS WILL BE ISSUED**

All grades listed are as of September 2025

## HALF DAY PROGRAM

### KIDDIE PROGRAM

AGE 3 by the 1st of December through Kindergarten

9:00am-12:00noon

**Session 1: June 30th-July 11th (\*No Camp on July 4th)**

**Session 2: July 14th-July 25th**

**Session 3: July 28th-August 8th**

**Session 4: August 11th-August 15th (1 week session)**

**Fees (PER SESSION): Resident: \$235    Non-Resident: \$260**

**Fees (4th SESSION): Resident: \$120    Non-Resident: \$135**

Children in the Kiddie Program **MUST be toilet trained.**

Kiddie Program includes swimming, sports, arts & crafts, playground time, and loads of fun!

# FULL DAY PROGRAM

## JUNIOR PROGRAM

### GRADES 1st through 5th

9:00am-4:00pm

Lunch is not provided for Full Day Programs.

You **MUST** pack a lunch

**\*All grades listed are as of September 2025**

**Session 1: June 30th-July 11th (\*No Camp on July 4th)**

**Session 2: July 14th-July 25th**

**Session 3: July 28th-August 8th**

**Session 4: August 11th-August 15th (1 week session)**

**\*\*A CHILD'S CURRENT REPORT CARD MUST BE BROUGHT AT TIME OF REGISTRATION TO ENSURE PROPER GROUP PLACEMENT!\*\***

**Fees (PER SESSION): Resident: \$420    Non-Resident: \$445**

**Fees (4th SESSION): Resident: \$210    Non-Resident: \$225**

Junior Program includes swimming, sports, arts & crafts, playground time, ice skating, special events and so much more! Don't miss out on all the fun!

**\*\*There is no offering of early or after care.**

**Camp hours are strictly 9:00am-4:00pm\*\***



# SWIM LESSONS

10 class sessions

FEE: Resident \$125 Non-Resident \$165

**\*\*Only 1 parent per child is allowed on pool deck during class time\*\***



## Level A — Parent & Child Aquatics (6 months—3 years)

**Parent must accompany child in water.**

Skills include water adjustment front & back floating, breath control & water exit.

**Pre-School- B (3-5 years)** - Introduction to basic water skills, breath control, floating, develop a level of comfort & independence in the water.

**\*MUST BE 3 BY THE START OF THE SESSION FOR PRE-SCHOOL B\***

## Levels 1-5: Ages 6 & Up

### Level 1 - Introduction to Water Skills

Skills include breath control, submerging mouth, nose & eyes, floating, treading water, swimming with arm & leg action on front & back.

### Level 2 - Fundamental Aquatic Skills

Skills include breath control, submerging entire head, buoyancy on front and back, swimming and changing direction, and swimming 15 feet using arms and legs.

### Level 3 - Stroke Development

Skills include breath control and underwater swimming, buoyancy on front and back, front & back crawl, and introduction to backstroke, breaststroke and butterfly.

### Level 4 -Stroke Improvement

Skills include swim front crawl 25 yds., elementary backstroke, breaststroke, & butterfly.

**Must be able to swim in deep water.**

### Level 5- Stroke Refinement

Endurance and stroke coordination in the freestyle, backstroke, breaststroke and butterfly.

**Must be able to swim in deep water.**

## Adult Swim Lessons

**Beginner:** Introduction to basic swimming techniques. Learn basic water skills including breath control, floating, kicking, treading, and beginning to learn the front and back crawl strokes.

**Intermediate:** Learn additional skills and improve stroke technique after mastering the basics. Students should be able to swim front crawl approx. 15 yards. Skills include front crawl w/ rotary breathing, backstroke, elementary backstroke, treading, and building stamina.

FEE: Resident \$150 Non-Resident \$190

# SCHEDULE OF SWIM LESSONS

**\*\*Only 1 parent per child is allowed on pool deck during class time\*\***

**CLASS TIMES LISTED BELOW ARE START TIMES. CLASSES ARE 30 MINUTES**

## Level A-Parent & Child:

Tuesday & Thursday class meets twice a week for 5 weeks or  
Saturday class meets once a week.

Tuesday & Thursday

10:00am

Saturdays

8am, 8:45am, 9:30am or 10:15am

## Dates for Level A (Parent & Child)

Tuesdays & Thursdays: July 8, 10, 15, 17, 22, 24, 29, 31 August 5, 7

Saturdays: May 31 June 7, 14, 21, 28 July 12, 19, 26 August 2, 9

## Levels Pre-School B-5

Mon-Fri

Saturdays

Pre-School B:

8:30am or 9:15am

8am, 8:45am or 9:30am

Level 1:

4:30pm or 5:15pm

8am, 8:45am or 11am

Level 2:

4:30pm or 6:00pm

8:45am, 9:30am or 10:15am

Level 3:

5:15pm or 6:00pm

9:30am, 10:15am or 11am

Level 4:

5:15pm

8am or 10:15am

Level 5:

6:00pm

9:30am

## DATES FOR LEVELS PRE-SCHOOL B-Level 5

Sessions 1 & 2 are two weeks, meeting Mon-Fri for 10 consecutive classes  
Saturday classes meet once a week

Session 1: M-F July 7, 8, 9, 10, 11, 14, 15, 16, 17, 18

Session 2: M-F: July 21, 22, 23, 24, 25, 28, 29, 30, 31 August 1

Saturdays: May 31 June 7, 14, 21, 28 July 12, 19, 26 August 2, 9

\*Adult Beginner Swim: Mondays or Wednesdays 6:45PM-7:45PM

\*Adult Intermediate Swim: Tuesdays or Thursdays 6:45PM-7:45PM

## Dates for Adult Swim Lessons

Mondays: June 2, 9, 16, 23, 30 July 7, 14, 21, 28 August 4

Tuesdays: June 3, 10, 17, 24 July 1, 8, 15, 22, 29 August 5

Wednesdays: June 4, 11, 18, 25 July 2, 9, 16, 23, 30 August 6

Thursdays: June 5, 12, 19, 26 July 3, 10, 17, 24, 31 August 7

## Private Swim Lessons & American Red Cross Certification Classes

Please call 917-224-1513, visit [www.aquaticsolutions-cpr.com](http://www.aquaticsolutions-cpr.com) OR  
email [help@aquaticsolutions-cpr.com](mailto:help@aquaticsolutions-cpr.com) for more information.

# KIDDIE CLUB

Pre-school program begins September 2025



**Kiddie Club is for children ages 3-4 years old (must be 3 by Dec. 1, 2025)**

Kiddie Club, our pre-school program, is offered in a classroom setting. Daily activities include music, games, story time, arts & crafts, movement, and exploration. This program is further enhanced by the amenities offered in our Recreation Center. Our Ice Rink, Gymnasium and Outdoor Playground are included in the program's curriculum.

Children in Kiddie Club **MUST be toilet trained.**

**Based on availability, parents may choose a morning OR afternoon session.**

**AM session: 9:00am-11:30am**

**PM session: 1:00pm-3:30pm**

5 days a week monthly fee Resident \$190 and Non-Resident \$210

\*Kiddie Club is a September-June commitment, broken down into 10 monthly payments.

***\*Payment for the month of September is collected at time of registration.\****

**\*Payments are due on the first of every month. A \$20 late fee will be charged if payment is not received by the 15th of each month.**

## SWIM TEAM

*All swimmers age 5-16 years welcome!*  
*(must be able to swim 25 yards independently)*

**Fees: Resident: \$220 Non-Resident: \$270**

Practice Begins on June 9th  
Practice Times: Monday-Thursday

-8 & under: 5:00pm-5:30pm

-9-12 years: 5:30pm-6:30pm

-13 years +: 6:30pm-7:30pm

\*Practice times are subject to change after time trials\*

## SAVE THE DATE

### Freeport Nautical Festival

Saturday, June 7, 2025 10:00am-6:00pm

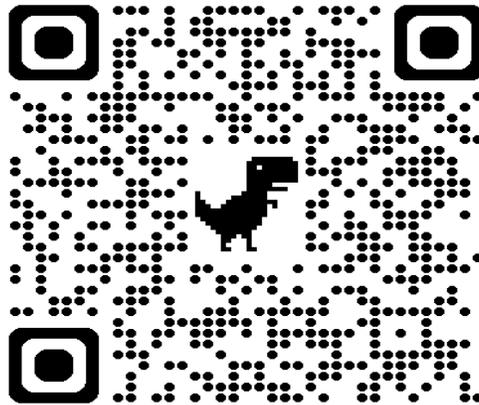
### Fall Registration

Resident: Saturday, September 6, 2025 8:00am-11:00am

Non-Resident: Sunday, September 7, 2025 8:00am-11:00am

### PUPPY POOL PARTY

Saturday, September 6, 2025



Please scan QR code to create your Rec Center profile online!

# Hours of Operation

Monday-Friday 6:15am-9pm\*  
 Saturday & Sunday 7:00am-6:00pm\*

Saturday & Sunday: Swimming pool opens at 10am.  
 (\*\*ALL activities end 1/2 hr before closing)

Plans and Activity Cards may be purchased Monday-Friday 9am-7pm  
 Saturday & Sunday 10am-4pm

## Village Holidays

### CLOSED ALL DAY

Labor Day  
 Columbus Day  
 Thanksgiving  
 Day after Thanksgiving  
 Christmas Day  
 New Year's Day

M L K Jr. Day  
 President's Day  
 Easter Sunday  
 Memorial Day  
 Fourth of July

### EARLY CLOSING (5PM)

Veteran's Day  
 Thanksgiving Eve  
**Christmas Eve & New Year's Eve-3pm closing**  
 Good Friday  
**Mother's and Father's Day - 2pm closing**

## Plans

	RESIDENT	NON-RESIDENT
<b>INDIVIDUAL</b>		
12 Month	\$230	\$320
6 Month	\$140	\$200
Summer	\$120	\$165
<b>SENIOR (60)</b>		
12 Month	\$180	\$245
6 Month	\$110	\$150
Summer	\$95	\$125
<b>CHILD</b>		
12 Month	\$205	\$280
6 Month	\$125	\$170
Summer	\$105	\$145
<b>COUPLE</b>		
12 Month	\$410	\$510
6 Month	\$250	\$310
Summer	\$210	\$260
<b>FAMILY</b>		
12 Month	\$475	\$660
6 Month	\$290	\$400
Summer	\$245	\$335

## Daily Admission

	RESIDENT	NON-RESIDENT
<b>ADULT</b>	\$6	<b>ADULT</b> \$10
<b>CHILD OR SENIOR</b>	\$4	<b>CHILD OR SENIOR</b> \$8
<b>ONE DAY PASS WITHOUT CARD</b>	\$12 (M-F) \$15 (Sat & Sun)	<b>ONE DAY PASS WITHOUT CARD</b> \$12 (M-F) \$15 (Sat & Sun)

***SUMMER MEMBERSHIPS ARE AVAILABLE FROM MEMORIAL DAY THROUGH LABOR DAY.***

### ACTIVITY CARDS:

**RESIDENTS** \$5.00 AGES 3 & UP—PROOF OF RESIDENCY REQUIRED ANNUALLY; PICTURE ID AND UTILITY BILL. CHILDREN MUST HAVE FREEPORT REPORT CARD OR INVOICE/STATEMENT FROM SCHOOL. MANAGEMENT MAY ACCEPT OTHER OFFICIAL SUBSTITUTES.  
**NON-RESIDENTS** \$10.00 AGES 3 & UP

- SENIOR: 60 & OVER
- FAMILY PLAN: SPOUSES AND CHILDREN 21 YEARS OLD & YOUNGER, UNMARRIED, LIVING AT THE SAME RESIDENCE
- COUPLE: TWO ADULTS LIVING IN THE SAME RESIDENCE.
- CREDIT /DEBIT CARD TRANSACTIONS WILL BE CHARGED A FEE (2.55%) BY THE PROCESSING BANK.
- VISA AND MASTERCARD ACCEPTED.