

Freeport Recreation Center



INC. VILLAGE OF FREEPORT
130 East Merrick Road
Freeport, NY 11520
(516) 377-2314 FAX (516) 377-2318
www.freeportny.gov



Fall Registration September 2024

Freeport Residents:
Saturday, September 7th
8:00AM-11:00AM

Non-Residents:
Sunday, September 8th
8:00AM-11:00AM

Winter Registration January 2025

Freeport Residents:
Saturday, January 11th
8:00AM-11:00AM

Non-Residents:
Sunday, January 12th
8:00AM-11:00AM



ALL PATRONS MUST HOLD A CURRENT ACTIVITY CARD
THERE ARE NO REFUNDS, CREDITS OR PRO-RATES
PROGRAMS AND FEES ARE SUBJECT TO CHANGE

CHILDREN'S PROGRAMS

UNLESS NOTED, ALL CHILDREN'S PROGRAMS ARE 8 WEEK SESSIONS
*ALL PROGRAMS ARE DROP OFF PROGRAMS. PARENTS ARE NOT ALLOWED TO BE IN THE CLASSROOMS DURING CLASS TIME.

BASKETBALL

1st -6th Grade

This clinic will include dribbling, passing, shooting, footwork and scrimmages.

Wednesdays 5:00-6:00PM Grades 1st-3rd
6:00-7:00PM Grades 4th-6th

FEE: Res. \$60 Non-Res. \$75

FALL DATES: Sept. 18, 25 Oct. 2, 9, 16, 23, 30
Nov. 6

WINTER DATES: Jan. 22, 29 Feb. 5, 12, 26 Mar.
5, 12, 19



BROADWAY & YOU

**CLASSES WILL BE HELD AT 195 WOODCLEFT AVE.
AT SPARKLE ON STAGE**

The children will be preparing to perform "Almost Hamilton", which is an original play with fun songs, dances and lots of laughs. Everyone who signs up gets a part! Come join this opportunity to be part of a great production!

This is a 16 week program with a performance @ the end. Costumes are not included. Registration is only in September!

Wednesdays

*5:00-6:00PM Grades K-1st (Kiddie Program)
FEE FOR KIDDIE: Res. \$120 Non-Res. \$150

*6:00-7:30PM Grades 2nd-5th (Junior Program)
FEE FOR JUNIORS: Res. \$180 Non-Res. \$225

DATES: Sept. 18, 25 Oct. 9, 16, 23, 30 Nov. 6, 13, 20 Dec. 4, 11
Jan. 8, 15, 22, 29 Feb. 5

SHOW: Saturday, February 8, 2025 @ 3:00PM

DANCE

This is a 20 week program with a performance @ the end. Costumes are not included. Registration is only in September!

First Steps (Ballet & Creative Movement) K-2nd Grades, Saturdays 9:00-9:45AM: This combo class helps children develop coordination, balance, and a love for dance in a fun & nurturing environment.

Leap & Learn (Ballet/Tap Combo) 3rd-5th Grades, Saturdays 10:00-10:50AM: This combo class allows young dancers to explore two distinct styles, while building confidence & skill in a supportive environment.

Jumpin' & Jazz (Tap/Jazz Combo) 6th-8th Grades, Saturdays 11:00-11:50AM: This combo class introduces children to the dynamic world of dance through lively routines set to fun & energetic songs, blending the rhythmic beats of tap with the expressive movements of jazz.

FEE: Res. \$150 Non-Res. \$190

DATES: Sept. 14, 21, 28 Oct. 5, 19, 26 Nov. 2, 9, 16, 23 Dec. 7, 14 Jan. 4, 11, 18, 25 Feb. 1, 8, 15 Mar. 1

SHOW: Saturday, March 8, 2025 (Time TBD)

FENCING

Ages: 8 & up

Skills & fundamentals taught with opportunity to compete. Equipment provided.

Saturdays: Beginners: 9:45-10:30AM
Intermediate: 9:00-9:45AM

FEE: Res. \$60 Non-Res. \$75

FALL DATES: Sept. 14, 21, 28 Oct. 5, 19, 26 Nov. 2, 9

WINTER DATES: Jan. 18, 25 Feb. 1, 8, 15 Mar. 1, 8, 15

GYM PROGRAM

Ages: 4-6 yrs

Fun with concentration on fitness, developmental exercises, sports, & games.

Tuesdays: 4:00-5:00PM

FEE: Res. \$60 Non-Res \$75

FALL DATES: Sept. 17, 24 Oct. 1, 8, 15, 22, 29 Nov. 5

WINTER DATES: Jan. 21, 28 Feb. 4, 11, 25 Mar. 4, 11, 18

KARATE

Ages: 5yrs & up

Designed to teach basic concepts of self defense.

Tuesdays: Beginners: 5:00-6:00PM
Advanced: 6:00-7:00PM

*Level will be determined by instructor.

This is a drop off program, and parents will not be allowed in the room during class.

FEE: Res. \$100 Non-Res. \$115 (8 week session)

*THIS CLASS IS AN ON-GOING PROGRAM, PLEASE CALL 516-377-2311 FOR AVAILABILITY.

KIDS YOGA

Ages: 5 to 9 years old

Yoga for kids encourages healthy self-esteem, body awareness, and cooperation with others in a non-competitive space. Yoga will enhance your child's flexibility, strength, and coordination. There will be a focus on breathing and relaxation techniques as well as time for art therapy!

Thursdays: 4:00-5:00PM

FEE: Res. \$60 Non-Res. \$75

FALL DATES: Oct. 10, 17, 24 Nov. 7, 14, 21 Dec. 5, 12

WINTER DATES: Jan. 23, 30 Feb. 6, 13, 27 Mar. 6, 13, 20

New this Fall

MINDFUL ME (Crafts Class)

2nd-4th Grade

Mindful Me is a collection of arts & crafts workshops designed to provide a safe space for kids to gain self-awareness, talk about kindness, make positive affirmations and learn about resilience & community! Children learn through literature and express themselves through craft projects. Come breathe, create & share with us!

Saturdays: 11:00AM-12:00PM

FEE: Res. \$60 Non-Res: \$75

FALL DATES: Sept. 14, 21, 28 Oct. 5, 19, 26 Nov. 2, 9

WINTER DATES: Jan. 18, 25 Feb. 1, 8 Mar. 1, 8, 15, 22

MOM & TOT

Ages: 1 1/2 to 2 1/2 yrs.

Mom & Tot is a program designed for parents and children, which includes movement exploration, exercise, rhythm activities, games and motor skill development.

Saturdays: 9:00-9:45AM

FEE: Res. \$60 Non-Res. \$75

FALL DATES: Sept. 14, 21, 28 Oct. 5, 19, 26 Nov. 2, 9

WINTER DATES: Jan. 18, 25 Feb. 1, 8, 15 Mar. 1, 8, 15

TUMBLING

Ages: 3 to 10 yrs.

This class features a weekly introduction of new skills consisting of forward and backward rolls, handstands, cartwheels, gymnastic positions etc. This class will help to promote a positive self image.

TUMBLING TOTS (Ages 3 yrs-5 yrs)

Sundays: 9:00-9:45AM or 11:15AM-12:00PM

TUMBLING KIDS (Ages 6 yrs-10 yrs)

Sundays: 10:00-11:00AM or 12:00-1:00PM

FEE: Res.\$60 Non-Res. \$75

FALL DATES: Sept. 15, 22, 29 Oct. 6, 20, 27 Nov. 3, 10

WINTER DATES: Jan. 19, 26 Feb. 2, 23 Mar. 2, 9, 16, 23

Triple Plays

Swim-Skate-Sports

During the school break bring your children to our
“Triple Play” program.

- Swim in our indoor heated pool
- Ice skate in our indoor ice rink
- Basketball in our gymnasium (bring own basketball)

Dates

Thursday	December 26, 2024	Tuesday	February 18, 2025
Friday	December 27, 2024	Wednesday	February 19, 2025
Monday	December 30, 2024	Thursday	February 20, 2025
		Friday	February 21, 2025

Time: 12:00pm- 4:00pm **Fee:** \$7.00 (skates included)

Children 12 and under must be accompanied by an adult

SPECIAL EVENTS

***Golden Gathering (Senior Health Expo)**

Thursday, October 24, 2024 from 9:00AM-1:30PM at the Freeport Recreation Center
This annual senior event is sponsored by Senator Thomas & the Village of Freeport

***Village of Freeport Fall Festival & Fire Expo!**

Sunday, October 27, 2024 on Woodcleft Avenue; Freeport's Nautical Mile!
Festival events include FPT Fire Dept. exhibits/expeditions, VOF Costume Parade with
Marching Band & Floats, Trunk or Treat, Farmer's Market, Chowder Contest & More!

***Annual Village of Freeport Tree Lighting & Village Boat Parade**

Saturday, December 7, 2024

***Summer Camps and Program Registration**

Res. Sat. April 5, 2025 Non. Res. Sun. April 6, 2025

***Summer Swim Registration**

Res. Sat. May 17, 2025 Non. Res. Sun. May 18, 2025

Ask about our new summer brochure, available in March 2025

SWIM LESSONS

10 WEEK SESSION

FEE: Resident \$125 Non-Res. \$165



Level A - Parent & Child Aquatics (6 months-3 years)

Parent accompanies child in water; skills include water adjustment front and back floating, breath control, water exit.

Pre-School-B (3-5 years)

Introduction to basic water skills, breath control, floating, develop a level of comfort & independence in the water.

Levels 1-5: Ages 6 and up

Level 1 - Introduction to water skills

Skills include breath control, submerging mouth, nose & eyes, floating, treading water, swimming with arm & leg action on front & back.

Level 2 - Fundamental Aquatic skills

Skills include breath control, submerging entire head, buoyancy on front and back, swimming and changing direction, and swimming 15 feet using arms & legs.

Level 3 - Stroke Development

Skills include breath control and underwater swimming, buoyancy on front and back, front and back crawl, and introduction to backstroke, breaststroke & butterfly.

Level 4 - Stroke Improvement

Skills include swim front crawl 25yds., elementary backstroke, breaststroke, & butterfly.

Level 5 - Stroke Refinement

Endurance and stroke coordination in the freestyle, backstroke, breaststroke, and butterfly.

PRIVATE SWIM LESSONS & AMERICAN RED CROSS CERTIFICATION CLASSES

*Please call 917-224-1513, visit www.aquaticsolutions-cpr.com OR Email aquaticsolution@aol.com for more information.

SCHEDULE OF SWIM LESSONS

Only 1 parent per child is allowed on pool deck during class time

CLASS TIMES LISTED BELOW ARE START TIMES.

CLASSES ARE 30 MINUTES

Levels A-5

Level A: Saturdays 8:45AM OR 9:30AM

Level A: Wednesdays 12:00PM

Pre-School B: Saturdays 8:00AM

Level 1: Saturdays 8:00AM OR 10:15AM

Level 2: Saturdays 8:00AM OR 8:45AM

Level 3: Saturdays 8:45AM OR 9:30AM

Level 4: Saturdays 9:30AM

Level 4: Wednesdays 4:15PM

Level 5: Saturdays 10:15AM

Level 5: Wednesdays 5:00PM

DATES FOR LEVELS A-5

Saturday Fall Dates: Sept. 14, 21, 28 Oct. 5, 19, 26, Nov. 2, 9, 16, 23

Wednesday Fall Dates: Sept. 18, 25 Oct. 2, 9, 16, 23, 30 Nov. 6, 13, 20

Saturday Winter Dates: Jan. 18, 25 Feb. 1, 8, 15 Mar. 1, 8, 15, 22, 29

Wednesday Winter Dates: Jan. 22, 29 Feb. 5, 12, 26 Mar. 5, 12, 19, 26 Apr. 2

SWIM TEAM

*All swimmers age 5-16 years welcome!
(must be able to swim 25 yards independently)*

Fees: Resident: \$255 Non-Resident: \$305

Practice Begins on November 18th

Practice Times: Monday-Thursday

-8 & under: 5:00pm-5:45pm

-9-12 years: 5:30pm-6:30pm

-13 years +: 6:30pm-7:30pm

Practice times are subject to change after time trials

please scan after you are registered for the team



ADULT PROGRAMS ages 16 & up
*UNLESS NOTED, ALL ADULT PROGRAMS ARE 10 WEEK SESSIONS

AQUACISE

Aquacise is minimal strain exercise in the water

FEE: Res. \$65 Non-Res. \$80

Mondays or Wednesdays: 9:00-9:45AM (With Carole)

MONDAY FALL DATES : Sept. 16, 23, 30 Oct. 7, 21, 28 Nov. 4, 18, 25 Dec. 2

WEDNESDAY FALL DATES: Sept. 18, 25 Oct. 2, 9, 16, 23, 30 Nov. 6, 13, 20

MONDAY WINTER DATES: Jan. 27 Feb. 3, 10, 24 Mar. 3, 10, 17, 24, 31 Apr. 7

WEDNESDAY WINTER DATES: Jan. 22, 29 Feb. 5, 12, 26 Mar. 5, 12, 19, 26 Apr. 2

Tuesdays AND Thursdays: 9:00-9:45AM (With Christina)

(*5 week program, meeting twice a week. Class is a more moderate water exercise.*)

TUESDAY/THURSDAY FALL DATES : Sept. 17, 19, 24, 26 Oct. 1, 8, 10, 15, 17, 22

TUESDAY/THURSDAY WINTER DATES: Jan 21, 23, 28, 30 Feb. 4, 6, 11, 13, 25, 27

CHAIR YOGA

Chair yoga is for anyone who may have difficulty in the average yoga class. Learn fundamental yoga poses while seated in a chair, or using a chair as a prop for those who are able to stand.

Thursdays: 10:00-11:00AM

FEE: Res. \$65 Non-Res. \$80

FALL DATES: Sept. 19, 26 Oct. 10, 17, 31 Nov. 7, 14, 21 Dec. 5, 12

WINTER DATES: Jan 23, 30 Feb. 6, 13, 27 Mar. 6, 13, 20, 27 Apr. 3

FENCING

Learn basics, loosen up, stretch, footwork, attack & parries. Equipment available.

Mondays: Beginner: 7:00-7:45PM
Intermediate: 7:45-8:30PM

FEE: Res. \$65 Non-Res. \$80

FALL DATES: Sept. 16, 23, 30 Oct. 7, 21, 28 Nov. 4, 18, 25 Dec. 2

WINTER DATES: Jan. 27 Feb. 3, 10, 24 Mar. 3, 10, 17, 24, 31 Apr. 7

ADULT SWIM LESSONS

Beginner: Introduction to basic swimming techniques. Learn basic water skills including breath control, floating, kicking, treading, and beginning to learn the front and back crawl strokes.

Intermediate: Learn additional skills and improve stroke technique after mastering the basics. Skills include front crawl w/ rotary breathing, backstroke, elementary backstroke, treading, and building stamina.

Students should be able to swim front crawl approx. 15 yds for intermediate level.

Mondays: 7:30-8:30PM OR Wednesdays: 7:30-8:30PM (Beginner)

Tuesdays: 7:30-8:30PM (Intermediate)

FEE: Res. \$150 Non-Res. \$190

MONDAY FALL DATES: Sept. 16, 23, 30 Oct. 7, 21, 28 Nov. 4, 18, 25 Dec. 2

TUESDAY FALL DATES: Sept. 17, 24 Oct. 1, 8, 15, 22, 29 Nov. 5, 12, 19

WEDNESDAY FALL DATES: Sept. 18, 25 Oct. 2, 9, 16, 23, 30 Nov. 6, 13, 30

MONDAY WINTER DATES: Jan. 27 Feb. 3, 10, 24 Mar. 3, 10, 17, 24, 31 Apr. 7

TUESDAY WINTER DATES: Jan. 21, 28 Feb. 4, 11, 25 Nov. 4, 11, 18, 25 Apr. 1

WEDNESDAY WINTER DATES: Jan. 22, 29 Feb. 5, 12, 26 Mar. 5, 12, 19, 26 Apr. 2

YOGA

A dynamic series of postures which will increase your flexibility, strength and stamina for over all body awareness.

Wednesdays: 7:00-8:00PM

FEE: Res. \$65 Non-Res. \$80

FALL DATES: Sept. 18, 25 Oct. 2, 9, 16, 23, 30 Nov. 6, 13, 20

WINTER DATES: Jan. 22, 29 Feb. 5, 12, 26 Mar. 5, 12, 19, 26 Apr. 2

ZUMBA

Zumba Fitness fuses international rhythms with easy to follow dance moves creating a dynamic, exciting and FUN workout!

Mondays: 7:00-8:00PM

FEE: Res. \$65 Non-Res. \$80

FALL DATES: Sept. 16, 23, 30 Oct. 7, 21, 28 Nov. 4, 18, 25 Dec. 2

WINTER DATES: Jan. 27 Feb. 3, 10, 24 Mar. 3, 10, 17, 24, 31 Apr. 7

New this Fall

Urban Groove Collective (Adult Hip Hop)

Our adult hip hop class offers a high energy environment where participants can unleash their creativity and groove to the latest beats, all while improving their rhythm, strength & confidence!

Tuesdays: 7:00-8:30PM

FEE: Res. \$95 Non-Res. \$120

FALL DATES: Sept. 17, 24 Oct. 1, 8, 15, 22, 29 Nov. 5, 12, 19

WINTER DATES: Jan. 21, 28 Feb. 4, 11, 25 Mar. 4, 11, 18, 25 Apr. 1

PICKLEBALL INSTRUCTION

Advanced Beginner Program

Beyond the Basics with Elvis (must already know pickleball rules & how to score)

Tuesdays: 1:00-3:00PM

FEE: Res. \$90 Non-Res. \$100

FALL DATES: Oct. 15, 22, 29 Nov. 5

PICKLEBALL OPEN PLAY

Monday - Friday: 8am-12pm & Tuesdays: 6:30pm-8:30pm

Play the fastest growing game on our 6 indoor courts. Meet up with friends & make new friends!
"Open-play" Pickleball format applied.

FEE: \$10 per player, per day.
Activity Card required.

*Management reserves the right to cancel play for previously scheduled and/or VOF events!

FREEPORT RECREATION ICE RINK

Public Sessions: November 1 - March 30

Fees: Res. w/ Activity Card - \$4.00 Non-Res. w/ Activity Card - \$8.00
Guest Fee - \$10.00 Skate rental - \$4.00

Thursday 3:30-4:45PM

Friday 7:30-9:00PM

Sunday 1:30-3:30PM *kiddie walkers available during Sunday Session*

Sunday Special: 1 Parent free with every paid child admission.

Child must be 11 years old or younger.

*Management reserves the right to change or cancel sessions if deemed necessary.

Puck Shoot: September 13-June 20

Fee: \$10 per play

Friday: 1:15-4:15PM

Arrows Youth Hockey

Please visit www.arrowsyouthhockey.org

Or call: Rob Albi (516) 351-8562

Freeport Skating Academy

Call (516) 771-4195 for more information

For all other Hockey or Ice Rink inquiries please call
(516) 771-4191



***Incorporated Village of Freeport
46 N. Ocean Ave.
Freeport, NY 11520***



Robert T. Kennedy, Mayor

***Elizabeth Comerford
Manager, Recreation Center***



Hours of Operation

Monday-Friday 6:15am-9pm*
 Saturday & Sunday 7:00am-6:00pm*

Saturday & Sunday: Swimming pool opens at 10am.
 (**ALL activities end 1/2 hr before closing)

Plans and Activity Cards may be purchased Monday-Friday 9am-7pm
 Saturday & Sunday 10am-4pm

Village Holidays

CLOSED ALL DAY

Labor Day
 Columbus Day
 Thanksgiving
 Christmas Day
 New Year's Day
 M L K Jr. Day
 President's Day
 Easter Sunday
 Memorial Day
 Fourth of July

EARLY CLOSING (5PM)

Veteran's Day
 Thanksgiving Eve
 Day After Thanksgiving
 Good Friday
 Mother's and Father's Day - 2pm closing
 Christmas Eve - 3pm closing
 New Year's Eve - 3pm closing

Plans

	RESIDENT	NON-RESIDENT
INDIVIDUAL		
12 Month	\$230	\$320
6 Month	\$140	\$200
Summer	\$120	\$165
SENIOR (60)		
12 Month	\$180	\$245
6 Month	\$110	\$150
Summer	\$95	\$125
CHILD		
12 Month	\$205	\$280
6 Month	\$125	\$170
Summer	\$105	\$145
COUPLE		
12 Month	\$410	\$510
6 Month	\$250	\$310
Summer	\$210	\$260
FAMILY		
12 Month	\$475	\$660
6 Month	\$290	\$400
Summer	\$245	\$335

Daily Admission

	RESIDENT		NON-RESIDENT
ADULT	\$6	ADULT	\$10
CHILD OR SENIOR	\$4	CHILD OR SENIOR	\$8
ONE DAY PASS WITHOUT CARD	\$12 (M-F) \$15 (Sat & Sun)	ONE DAY PASS WITHOUT CARD	\$12 (M-F) \$15 (Sat & Sun)

SUMMER MEMBERSHIPS ARE AVAILABLE FROM MEMORIAL DAY THROUGH LABOR DAY.

ACTIVITY CARDS:

RESIDENTS \$5.00 AGES 3 & UP—PROOF OF RESIDENCY REQUIRED ANNUALLY; PICTURE ID AND UTILITY BILL. CHILDREN MUST HAVE FREEPORT REPORT CARD OR INVOICE/STATEMENT FROM SCHOOL. MANAGEMENT MAY ACCEPT OTHER OFFICIAL SUBSTITUTES.
NON-RESIDENTS \$10.00 AGES 3 & UP

- SENIOR: 60 & OVER
- FAMILY PLAN: SPOUSES AND CHILDREN 21 YEARS OLD & YOUNGER, UNMARRIED, LIVING AT THE SAME RESIDENCE
- COUPLE: TWO ADULTS LIVING IN THE SAME RESIDENCE.
- CREDIT /DEBIT CARD TRANSACTIONS WILL BE CHARGED A FEE (2.55%) BY THE PROCESSING BANK.
- VISA AND MASTERCARD ACCEPTED.