

Freeport Recreation Center



130 East Merrick Rd.
Freeport, NY 11520
(516) 377-2314 Fax (516) 377-2318
www.freeportny.gov



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Summer Registration for Camps & Programs

Freeport Residents:

Saturday, April 2, 2022 8:00am-11:00am

Non-Residents:

Sunday, April 3, 2022 8:00am-11:00am



Summer Registration for Swim Programs

Freeport Residents:

Saturday, May 14, 2022 8:00am-11:00am

Non-Residents:

Sunday, May 15, 2022 8:00am-11:00am

ALL PATRONS MUST HOLD A CURRENT ACTIVITY CARD
THERE ARE NO REFUNDS, CREDITS OR PRO-RATES
PROGRAMS AND FEES ARE SUBJECT TO CHANGE

CHILDRENS PROGRAMS

***UNLESS NOTED, ALL CHILDREN'S PROGRAMS ARE 8 WEEK SESSIONS**

****ALL PROGRAMS ARE DROP OFF PROGRAMS. PARENTS ARE NOT ALLOWED TO BE IN THE CLASSROOMS DURING CLASS TIME.**

BACK TO BROADWAY BASICS

A "prep" course to learn the basic skills and fundamentals for acting, singing & dancing. Come share in the excitement & get those creative juices flowing.

Grades Pre-K-2nd Wednesdays: 4:30-5:30PM

Grades 3rd-6th Wednesdays: 5:30-6:30PM

FEE: Res. \$60 Non-Res. \$75

DATES: April 27 May 4, 18, 25 June 1, 8, 15, 22

GYM PROGRAM

Fun with concentration on fitness, developmental exercises, sports, & games.

Ages: 4-6 yrs

Tuesdays: 4:00-5:00PM

FEE: Res. \$60 Non-Res \$75

DATES: April 26 May 3, 10, 17, 24, 31 June 7, 14

KARATE

Designed to teach basic concepts of self defense

Ages: 5yrs & up

Tuesdays: Beginners: 5:00-6:00PM
 Advanced: 6:00-7:00PM

*Level will be determined by instructor.

FEE: Res. \$100 Non-Res. \$115 (8 week session)

*This is an on-going program, please call Vicky at 516-377-2311 for information about availability.

KIDS YOGA

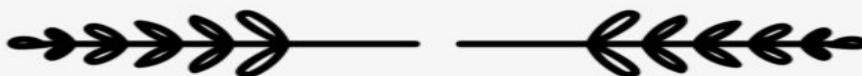
Ages 5 to 9 years old

Yoga for kids encourages healthy self-esteem, body awareness, and cooperation with others in a non-competitive space. Yoga will enhance your child's flexibility, strength, and coordination. There will be a focus on breathing and relaxation techniques as well as time for art therapy!

Mondays: 4:30-5:30PM

FEE: Resident \$60 Non-Resident \$75

DATES: April 25 May 2, 9, 16, 23, June 6, 13, 20



ADULT PROGRAMS ages 16 & up

***UNLESS NOTED, ALL ADULT PROGRAMS ARE 10 WEEK SESSIONS**

AQUACISE

Aquacise is minimal strain exercise in the water

Wednesdays: 9:00-9:45AM

FEE: Res. \$65 Non-Res. \$80

DATES: June 22, 29 July 6, 13, 20, 27 Aug. 3, 10, 17, 24

CHAIR YOGA

Chair yoga is for anyone who may have difficulty in the average yoga class. Learn fundamental yoga poses while seated in a chair, or using a chair as a prop for those who are able to stand.

Mondays: 10:00-11:00AM

FEE: Res. \$65 Non-Res. \$80

DATES: April 11, 18, 25 May 2, 9, 16, 23 June 6, 13, 20

YOGA

A dynamic series of postures which will increase your flexibility, strength and stamina for over all body awareness.

Wednesdays: 6:00-7:00PM

FEE: Res. \$65 Non-Res. \$80

DATES: April 13, 20, 27 May 4, 11, 18, 25 June 1, 8, 15

ZUMBA

Zumba Fitness fuses international rhythms with easy to follow dance moves creating a dynamic, exciting and FUN workout!

Mondays: 7:00-8:00PM

FEE: Res. \$65 Non-Res. \$80

DATES: April 11, 18, 25 May 2, 9, 16, 23 June 6, 13, 20



SUMMER CAMP

Enrollment is limited and space will be reserved on a first come first serve basis. A copy of your child's immunization record and doctor's note is required and **MUST** be given to the Freeport Recreation Center before the first day of the program.

****ALL NYS COVID PROTOCOLS AND GUIDELINES
WILL BE STRICTLY FOLLOWED AND ENFORCED****

Please note: Much of the camp day is spent outdoors.

**Payment in full is required at the time of registration.
Fees listed are per 2 week sessions
ABSOLUTELY NO REFUNDS OR CREDITS WILL BE ISSUED
All grades listed are as of September 2022**

HALF DAY PROGRAM

KIDDIE PROGRAM

AGE 3 by the 1st of December through Kindergarten
9:00AM-12:00NOON

Session 1: June 27th-July 8th (*No Camp on July 4th)

Session 2: July 11th-July 22nd

Session 3: July 25th-August 5th

Session 4: August 8th-August 19th

Fees (PER SESSION): Resident: \$210 Non-Resident: \$230

Children in the Kiddie program MUST be toilet trained.
Kiddie Program includes swimming, sports, arts & crafts, playground time,
and loads of fun!

FULL DAY PROGRAM

9:00AM-4:00PM

Lunch is not provided for Full Day Programs.

You MUST pack a lunch

All grades listed are as of September 2022

Session 1: June 27th-July 8th (*No camp on July 4th)

Session 2: July 11th-July 22nd

Session 3: July 25th-August 5th

Session 4: August 8th-August 19th

****A CHILD'S CURRENT REPORT CARD MUST BE BROUGHT AT TIME OF REGISTRATION TO ENSURE PROPER GROUP PLACEMENT!****

JUNIOR PROGRAM

GRADES 1st through 5th

Fees (PER SESSION): Resident: \$385 Non-Resident: \$410

Junior Program includes swimming, sports, arts & crafts, playground time, ice skating, special events and so much more! Don't miss out on all the fun!

****There is no offering of early or after care.
Camp hours are strictly 9:00AM-4:00PM****



SWIM LESSONS

10 class sessions

FEE: Resident \$100 Non-Resident \$140

****Unless it is a parent/child class, parents are not allowed on pool deck****



Level A — Parent & Child Aquatics (6 months—3 years)

Parent must accompany child in water.

Skills include water adjustment front & back floating, breath control & water exit.

Pre-School- B (3-5 years) - Introduction to basic water skills, breath control, floating, develop a level of comfort & independence in the water.

Levels 1-6: Ages 6 & Up

Level 1 - Introduction to Water Skills

Skills include breath control, submerging mouth, nose & eyes, floating, treading water, swimming with arm & leg action on front & back.

Level 2 - Fundamental Aquatic Skills

Skills include breath control, submerging entire head, buoyancy on front and back, swimming and changing direction, and swimming 15 feet using arms and legs.

Level 3 - Stroke Development

Skills include breath control and underwater swimming, buoyancy on front and back, front & back crawl, and introduction to backstroke, breaststroke and butterfly.

Level 4 –Stroke Improvement

Skills include swim front crawl 25 yds., elementary backstroke, breaststroke, & butterfly.

Level 5– Stroke Refinement

Endurance and stroke coordination in the freestyle, backstroke, and breaststroke and butterfly.

Level 6– Fitness Swimmer

Refine strokes to swim with greater ease, efficiency and power. Competitive starts and turns for racing. Use of fins and paddles and pull buoys for endurance.

Requirements: Must have completed level 5.

Adult Swim Lessons

Introduction to basic swimming techniques. Learn to tread and float.

Introduction to the crawl stroke.

FEE: Resident \$150 Non-Resident \$190

SCHEDULE OF SWIM LESSONS

****Unless it is a parent/child class, parents are not allowed on pool deck****

CLASS TIMES LISTED BELOW ARE START TIMES. CLASSES ARE 30 MINUTES

Level A-Parent & Child: Meets once a week, Wednesdays or Saturdays

Wednesday

10:15am

Saturdays

8am, 8:45am or 9:30am

Dates for Level A (Parent & Child)

Wednesdays: June 29 July 6, 13, 20, 27 August 3, 10, 17, 24, 31

Saturdays: June 4, 11, 18, 25 July 2, 9, 16, 23, 30 August 6

Levels Pre-School B-6

Mon-Fri

Saturdays

Pre-School B: 8am, 8:45am or 9:30

8am

Level 1: 4:30pm or 5:15pm

8am, 8:45am, 9:30am or 10:15am

Level 2: 4:30pm or 5:15pm

8:45am, 9:30am or 10:15am

Level 3: 6:00pm

8:45am, 9:30am or 10:15am

Level 4: 6:00pm

10:15am

Level 5: 6:45pm

10:15am

Level 6: Sat ONLY

10:15am

DATES FOR LEVELS PRE-SCHOOL B-6

Sessions 1 & 2 are two weeks, meeting Mon-Fri for 10 consecutive classes
Saturday classes meet once a week

Session 1: M-F July 11, 12, 13, 14, 15, 18, 19, 20, 21, 22

Session 2: M-F: July 25, 26, 27, 28, 29 August 1, 2, 3, 4, 5

Saturdays: June 4, 11, 18, 25 July 2, 9, 16, 23, 30 August 6

*Adult Swim: Wednesdays 6:30PM-7:30PM

*Wednesday Dates: June 8, 15, 22, 29 July 6, 13, 20, 27 August 3, 10

Private Swim Lessons

Private & Semi-Private lessons will now be offered through Aquatic Solutions.

Please call 917-224-1513, visit www.aquaticsolutions-cpr.com OR

email help@aquaticsolutions-cpr.com for more information.

Lessons will begin in April

American Red Cross Certification Classes

Please call 917-224-1513, visit www.aquaticsolutions-cpr.com OR email

help@aquaticsolutions-cpr.com for more information.

KIDDIE CLUB

Pre-school program begins September 2022



Kiddie Club is for children ages 3-4 years old (must be 3 by Dec. 1, 2022)

Kiddie Club, our pre-school program, is offered in a classroom setting. Daily activities include music, games, story time, arts & crafts, movement and exploration. This program is further enhanced by the amenities offered in our Recreation Center. Our Ice Rink, gymnasium and outdoor playground are included in the program's curriculum. Children in Kiddie Club MUST be toilet trained.

Based on availability, parents may choose a morning OR afternoon session.

AM session: 9:00am-11:30am

PM session: 1:00pm-3:30pm

5 days a week monthly fee Res. \$170 and Non-Res. \$190

*Kiddie Club is a September-June commitment, broken down into 10 monthly payments.

Payment for the month of September is collected at time of registration.

*Payments are due on the first of every month. A \$20 late fee will be charged if payment is not received by the 15th of each month.

SPECIAL EVENTS

Freeport Nautical Festival

Saturday, June 4, 2022 10:00AM-6:00PM

U.S. Naval Academy Visit

Thursday, August 11, 2022—Sunday, August 14, 2022

*Annapolis Midshipman will be giving free tours of their vessels from 9:00am-4:00pm each day on Woodcleft Avenue.

Fall Registration

Resident: Saturday, September 17, 2022 8:00AM-11:00AM

Non-Resident: Sunday, September 18, 2022 8:00AM-11:00AM



Hours of Operation

Monday-Friday 6:15am-9pm*
 Saturday & Sunday 7:00am-6:00pm*

Saturday & Sunday: Swimming pool opens at 10am.
 (**ALL activities end 1/2 hr before closing)

Plans and Activity Cards may be purchased Monday-Friday 9am-7pm
 Saturday & Sunday 10am-4pm

Village Holidays

CLOSED ALL DAY

Labor Day
 Thanksgiving
 Christmas Eve
 Christmas Day
 New Year's Eve
 New Year's Day

M L K Jr. Day
 President's Day
 Easter Sunday
 Memorial Day

EARLY CLOSING (5PM)

Columbus Day
 Veteran's Day
 Thanksgiving Eve
 Day After Thanksgiving
 Good Friday
Mother's and Father's Day - 2pm closing

Plans

	RESIDENT	NON-RESIDENT
INDIVIDUAL		
12 Month	\$230	\$320
6 Month	\$140	\$200
Summer	\$120	\$165
SENIOR (60)		
12 Month	\$180	\$245
6 Month	\$110	\$150
Summer	\$95	\$125
CHILD		
12 Month	\$205	\$280
6 Month	\$125	\$170
Summer	\$105	\$145
COUPLE		
12 Month	\$410	\$510
6 Month	\$250	\$310
Summer	\$210	\$260
FAMILY		
12 Month	\$475	\$660
6 Month	\$290	\$400
Summer	\$245	\$335

Daily Admission

	RESIDENT	NON-RESIDENT
ADULT	\$6	ADULT \$10
CHILD OR SENIOR	\$4	CHILD OR SENIOR \$8
ONE DAY PASS WITHOUT CARD	\$12 (M-F) \$15 (Sat & Sun)	ONE DAY PASS WITHOUT CARD \$12 (M-F) \$15 (Sat & Sun)

SUMMER MEMBERSHIPS ARE AVAILABLE FROM MEMORIAL DAY THROUGH LABOR DAY.

ACTIVITY CARDS:

RESIDENTS \$5.00 AGES 3 & UP—PROOF OF RESIDENCY REQUIRED ANNUALLY; PICTURE ID AND UTILITY BILL. CHILDREN MUST HAVE FREEPORT REPORT CARD OR INVOICE/STATEMENT FROM SCHOOL. MANAGEMENT MAY ACCEPT OTHER OFFICIAL SUBSTITUTES.
NON-RESIDENTS \$10.00 AGES 3 & UP

- SENIOR: 60 & OVER
- FAMILY PLAN: SPOUSES AND CHILDREN 21 YEARS OLD & YOUNGER, UNMARRIED, LIVING AT THE SAME RESIDENCE
- COUPLE: TWO ADULTS LIVING IN THE SAME RESIDENCE.
- CREDIT /DEBIT CARD TRANSACTIONS WILL BE CHARGED A FEE (2.5%) BY THE PROCESSING BANK.
- VISA AND MASTERCARD ACCEPTED.